



The Neighbor Network of Northern Nevada (N4) was designed using the senior village model, although with an intergenerational approach. N4 *links* people and organizations for exchanging services with *support* and engagement to *grow* strong and healthy communities. N4 has fully inclusive programs in order to serve all citizens living in Northern Nevada. N4 aims to foster sharing of information and resources within and between neighbors and involve all community assets in establishing and nurturing a helpful, caring community utilizing:

- ❖ **Time Exchange** where neighbors help one another and earn time credits that can be used to receive needed services from any other member. In the time exchange, everyone's time is equal no matter what the service. Exchanges include, but are not limited to, transportation, household tasks, yard maintenance, errands, tutoring, workshops, pet care, elder care, business services, etc. The possibilities are limitless!
- ❖ **Volunteer** opportunities include helping with rides and service exchanges, event coordinating, community outreach, conducting workshops, grant writing, translation, or IT assistance.
- ❖ **Information & Referral** system that uses an Asset-Based Community Development (ABCD) approach to learn about other community programs and services to link people to existing resources.
- ❖ **Social Program** not only connects people to more services, but also to more people. N4 believes in getting together to share, learn, and be a part of a positive community! Members meet-up at local restaurants, community events, workshops, potlucks, and more.
- ❖ **Coming January 2018! Community Care Program** matches individuals with trained staff to receive in-home, and community-based, intermittent support. Services include respite for family caregivers, companionship, recreational and social activities, and non-medical help in the home. N4 prioritizes individualized support to help people stay active and engaged with their community.

The N4 application process is easy! Contact Amy to learn more about N4's innovative programs: amy@neighbornv.org, or (775) 453-4774. Join others in building a healthy community by becoming a part of the Neighbor Network of Northern Nevada!